



HLTC Changing Rooms Policy

Date 1st November 2024

This document sets out the HLTC policy for the acceptable use of our changing rooms.

1. Groups of children (under the age of 18 years old) will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
2. Adults and children can use our changing rooms, but they are required to do so at different times.
3. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
4. Different gender groups of children have access to separate changing rooms
5. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs (n.b. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>)
6. Mobile phones and other electronic devices must not be used in changing rooms.
7. For younger groups of children, a DBS checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.

The Management Committee